

- I. All contact info is at: www.midwestohiobaseball.com . This is where you will access coaches' information to contact coaches within your age group....we do not have a coaches list. This is the only way to insure that contact information is always accurate. This coaches' contact information is for your use only and is not to be shared with anyone. We release contact info in February when we release divisional assignments and game information.
- II. Please follow us on Twitter and Facebook: @MidwestOHBBall.
- III. NEW TEAMS: Welcome. Many questions you have are addressed on the website. Go to the heading "League Information" and click on Frequently Asked Questions. Additionally, we have included many of the FAQ sections into the rules to simplify the "why" and "how" part of the rules. Email us at: help@midwestohiobaseball.com if you need anything else.

IV. Information on what you need to do for the new 2019 Coaches requirements

1. Coach Contracts: Each coach is required to have an electronic contract on our system agreeing to the MOBL rules for coaching in the league. This system works exactly like Player contracts do. Automatically send an email out to your assistant coaches (entered in manage assistant coaches section) with the coach contract tools provided. This will send the information required for your assistant coaches to fill out their contract and send them a link for Ohio Concussion Training. The Ohio Concussion Training is a State Law and REQUIRED for all coaches. THIS CERTIFICATE IS GOOD FOR 3 YEARS. SOME COACHES WILL NEED TO RENEW THIS YEAR.

2. Ohio Concussion Certification: This toolset works just like the Player Birth Certificate Uploads. You are able to upload a certificate for each of the coaches associated with your team or they are able to upload it themselves when they fill out their coaching contract. If they do not have their certificate when they fill out the coaching contract they can return later to the link in the email sent them by the system and then upload their certificate with the file uploader tool at the bottom of their contract. As a Head Coach you are able to upload the certs for them as well. Click on the Concussion link in the requirements section to the left. Information on the Concussion Law is available under Coaches Corner and Forms.

3. Background Checks: Our primary area of concern is any conduct involving children or sexual crimes. We will again be providing website information to all Head Coaches who will be responsible for verifying that their assistants are not on any sexual predator lists. Head coaches will sign off that they have checked these websites and their coaches are not listed on them.

4. Here is the link to the legally required video regarding Lindsay's Law. This is about sudden cardiac arrest. REMEMBER, THIS IS A LAW, not a suggestion:
http://www.osysa.com/forms_resources/lindsays_law/

V. Walk Thru of the season:

- a. Pre-Season: Registration closes, Initial Division Assignment issues, Division Assignment Petitions (if necessary), Division Assignment Hearings (if necessary), Scheduling meeting, Input Schedule in website, Complete roster online, Upload player documents
- b. Season: Play game, Winning coach inputs results including score and pitch counts; losing coach verifies results and pitch counts. IF there is a rain-out or

- cancellation try to reschedule the game immediately. If you cannot agree on a new date, follow the rainout/cancellation policy on the website
- c. Awards will be given to first place team in each division (I, II-S and III-N etc.)
 - d. Post Season: Age Groups 8-10 winners will attend Dayton Dragons Night; Age Groups 11-14 will have year-end tournament which will include the top 4 teams IN EACH AGE GROUP AND GEOGRAPHICAL SPLIT. IF your division has a north and a south, then the top 2 teams from each geographical split will be in the tournament. IF there is a East, West, Central each winner plus one wild card will be in the tournament.
 - e. IT is expected that you will schedule your games promptly, reschedule make-ups promptly and return phone calls and emails in a reasonable timeframe. Use the Golden Rule.
 - f. There is a significant umpire shortage which tends to affect us during the time of junior high baseball especially from mid-April to mid-May (and is worse in rainy springs). This generally, but not always, affects rain-outs and rescheduled games. Thus, when you reschedule, especially during this time, you cannot assume that an umpire can be available tomorrow. You need to work with your umpire scheduler to make certain your proposed rescheduled game can be covered.
 - g. Lessons from past coaches: Meet with your parents and players and set expectation levels; emphasize pitching and catching, opponents closer to home are better for mid-week games, remember it is about kids playing baseball.

VI. Overview

- a. Umpire Scheduler fee covers an unlimited number of home games (tournaments are not included) including rescheduling rain outs. Umpires fees are: \$45 age 8U; \$60 ages 9U-11U, \$65 12U; 13 and above \$120 (\$60 each).
- b. You must have liability insurance. You can purchase from the league or on your own. Certificates purchased through the league will be uploaded to your team website so you can print anytime you need to have a copy. CERTIFICATES PURCHASED ELSEWHERE MUST BE UPLOADED BY YOU.
- c. BASEBALLS: Pricing is up significantly but we have made a bulk purchase to get you great pricing. It is important that you use a good, age appropriate ball no matter whether you purchase balls from the League or elsewhere. We have moved to Rawlings for the league sponsored ball. You may use others but please make sure that they are quality baseballs appropriate for use in your age group. We are selling :
 - Rawlings ROBL1 for (8-12u) \$ 39 per dozen (Baseball Express \$41.95)
 - Rawlings RNF for (13-15u) \$ 41 per dozen (Baseball Express \$43.95)
 - Rawlings R100-H3 (13-18u) \$48 per dozen (Baseball Express \$54.95)
- d. You may choose as an option to purchase national affiliations with USSSA, Nations and CABA at a reduced price. This reduced pricing ends March 1, 2019. After that you will have to go directly to the organizations for affiliations. As you pay MWOB for your affiliations, they will be sent each Friday, beginning December 14th to the organizations to be processed and have your numbers sent to you via email. They are on the website store.
- e. Season begins on March 23. The final season end dates and year end tournament dates are posted at www.midwestohiobaseball.com

VII. Rules Changes and Bat rule issues:

- a. Last season (In order to help reduce the impact on umpiring issues ie.losing umpires to guaranteed pay, guaranteed timed events like AAU basketball where

officials receive the same pay with a much more controlled, shorter, timeframe, etc), we tested a time limit of 2 hours and 15 minutes in 9-11u. There were no negative situations reported. Therefore, we have decided to limit all league games to 2 hours and 15 minutes.

b. Bat Rules: There are no changes to the bat rules. They are on the website.

VIII. Upcoming Dates

- a. League fees are due January 15th.
- b. Extended Registration closes January 31st. League Fees for extended Registration are due by the 31st. We will have preliminary divisional splits out by February 3. We will accept petitions between now and February 6th. Appeals of petition decisions will be heard February 12th. The format for petitions can be found on the website under coach's corner. Final age Group Splits, divisional assignments and game requirements will all be out by February 14th. Coaches contact info available to coaches on February 16th. All league requirements due March 1st: All documents, parent/player contracts, birth certificates, coaches' information and background checks, concession certificates, insurance certificates and roster should be uploaded at this time.
- c. Scheduling Meeting Monday February 18th Marriott 1414 S. Patterson Rd. Dayton from 6-9pm. Ages 8-9 from 6-6:45; 10-11U from 7-7:45; 12-14U from 8-8:45 pm. Baseballs will be delivered at the scheduling meeting.

VII. Midwest Ohio Baseball Will sponsor a Coaching Clinic and Player Clinics on Throwing. Austin Wasserman, a renowned expert on throwing technique and teaching throwing technique will be in Dayton February 15-17th. Throwing is the most poorly executed fundamental in today's game. We believe these clinics will help our coaches and players become better throwers, and thus better baseball players. All coaches who attend the Coaches clinic will receive access to Austin's interactive throwing book which address both general and position specific throwing patterns, drill and science. Complete info and sign up information will be emailed to all teams and players.

About Austin (Full Link [HERE](#))

Austin Wasserman is the Owner/Founder of Wasserman Strength and [HighLevelThrowing.com](#), with 2 locations in New Hampshire and Florida.

He is a performance Coach, Author, and Consultant to youth, travel, high school, college and MiLB/MLB baseball players and coaches, including some of the top level college and travel programs across the country.

His book, High Level Throwing, is one of the most used overhand throwing books in the country for Youth, High School, College and Professional Coaches & Players. This book teaches players how to maximize velocity, improve accuracy and create intent based on position, through constraint training drills and progressions

Reminders: You must use either the Umpire Scheduler's paid thru the league, or Ohio High School licensed umpires. Anyone else must be sent to the league for approval and they will then be put on the approved list.....